

# What is Waypoint?

Waypoint is a therapeutic program that nurtures self-confidence, builds social connection, and supports the development of practical life skills through meaningful experiences with animals, nature, and creativity. The program is designed especially with young people in mind.



Located on a peaceful rural property in Sampson Flat, sessions invite participants to explore, express themselves, and grow at their own pace.



Waypoint is exactly what the name suggests — a meaningful pause along someone's journey. A place to reconnect and take the next step toward what matters most.



Your Journey Your Way

# Waypoint







Each participant's experience is tailored to their own NDIS goals, interests, and needs. Programs are delivered in an inclusive and supportive environment.

Our approach is guided by evidence and shaped around each participant's unique goals and preferences.



Whether you're working on confidence, communication, independence, or simply finding space to be yourself, Waypoint offers a welcoming space to do so, always supporting your journey, your way.

*Waypoint is delivered on the traditional land of the Kurna people.*

- Equine & nature based activities
- Art & creativity
- Drama games
- Social skills
- Life skills

# Meet The Team

Waypoint



**Tam**

Tam combines her background in social work and creative arts to support individual expression and connection. She brings warmth, creativity, and a trauma-informed approach to her work with neurodiverse individuals and young people.



**Amelia**

Amelia draws on her psychology background and experience mentoring neurodiverse young people to create supportive, confidence-building environments through equine and nature-based therapies.

**Contact us for a referral form and to arrange a visit**

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